Massage for Surgery

The pain and mobility difficulties that often precede an eventual operation can be devastating. Massage therapy can be of great support before and after a surgery event, whether it be orthopedic, cancer-related, arthroscopic, or any other procedure.

Massage can help manage and reduce pain before surgery and helps reduce the stress that accompanies chronic conditions. Massage can also reduce anxiety associated with having surgery.

After surgery, once the physician clears massage, soft tissue work can reduce scarring and swelling, improve range of motion, and speed up the healing process.

Studies have shown that patients who utilized massage therapy concurrently with some surgeries reported better outcomes, less anxiety, and overall higher levels of satisfaction.

We are happy to work with any prescriptions and direction from your surgeon! We also accept payments from participating Health Savings Accounts and Flexible Spending Accounts.

**Special consideration is always given to each client on each visit regarding their status and needs.**

Let us help you prepare for and recover from surgery!

Make your appointment online, or by calling 
James River Massage Therapy 
(804) 716-1882. 
www.jamesrivermassage.com
3001 Hungary Spring Rd. 
Henrico, VA 23228

Research and Studies: